

Everything DiSC Workplace®

Leader's Guide

MODULE 1 Discovering Your DiSC® Style

MODULE 2 Understanding Other Styles

MODULE 3 Building More Effective Relationships

Sample



Module 1 Overview

Length: 90 minutes

Activities:

- Individual
- Small Group
- Large Group

Materials:

- Handout 1.1
- Handout 1.2
- Flip chart and markers
- *Everything DiSC Workplace® Profile:* pp. 2–6










Goals:

- Learn about the DiSC® model and the Everything DiSC Workplace® Map
- Identify your style and explore the priorities that drive you during your workday
- Discover the similarities and differences among the styles

Activity Description:

Participants walk through the framework of the DiSC model and watch a video that introduces the model. They learn about their DiSC styles, how their priorities influence their actions, and what motivates and stresses them. They then create flip-chart descriptions of a day in the life of their styles and share them with the large group. Finally, they reflect on what they've learned and write down ideas they want to remember.

Icon key

| | | | |
|---|---|---|----------------------|
|  | Indicates when to click for animation or move to next slide |  | Individual activity |
|  | Indicates slide number |  | Partner activity |
|  | Indicates page number |  | Small group activity |
|  | Indicates handout number |  | Large group activity |
|  | Indicates use of a flip chart | | |

Activity Prep

Before you begin, prepare four flip-chart posters as shown below, or use the poster templates in the Support Materials folder to have them professionally printed in advance.

Place each poster on one of the four walls of the room as follows:

“Fast-paced & Outspoken” poster in the front of the room.

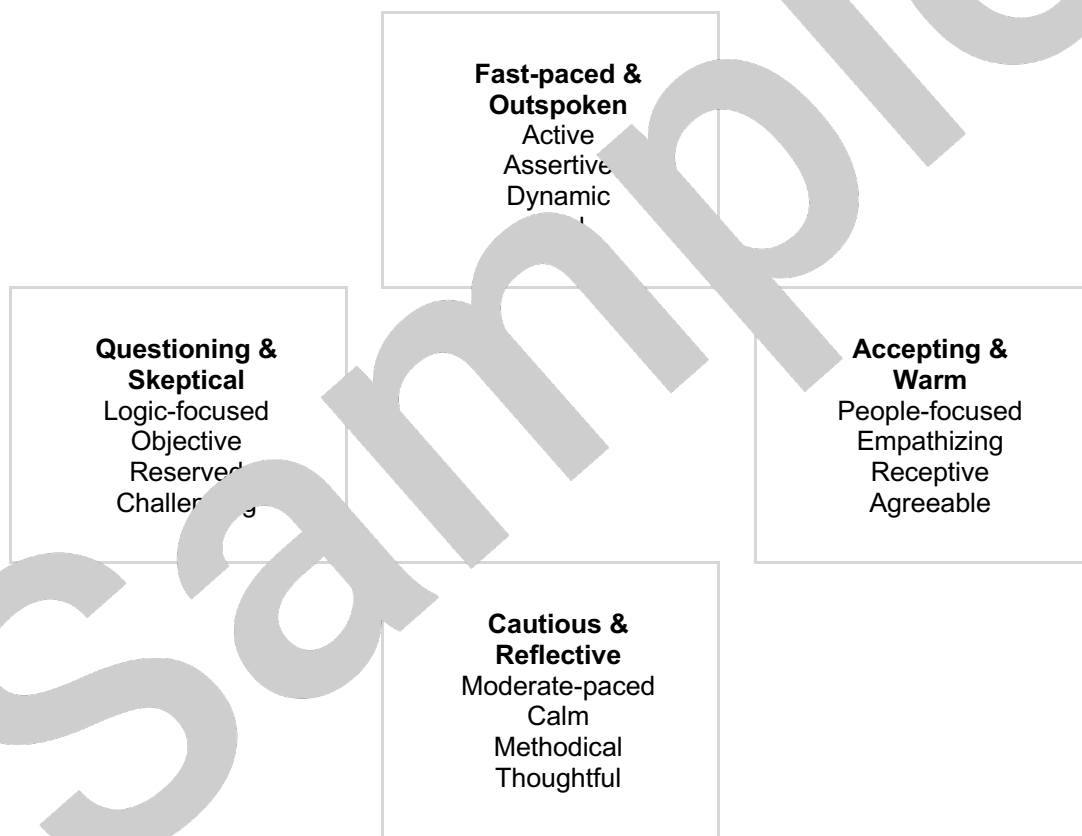
“Cautious & Reflective” poster in the back of the room.

“Questioning & Skeptical” poster on the left side of the room (as you face the front).

“Accepting & Warm” poster on the right side of the room.



Place a blank flip-chart sheet and markers at each corner of the room.



Note to facilitator

References to the *Everything DiSC Workplace® Profile* page numbers in this facilitation are based on an unaltered profile. If you have customized the profile to remove or re-order pages, you will need to adjust page numbers in your facilitator script and on the facilitation slides.

PPT

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Welcome

STEP 1: Define the problem and activate participants' previous experience 30 minutes: Large-Group Activity, Video

Participants walk through the framework of the DiSC® model and watch a video that introduces the model.

Note to facilitator:

Begin the session by introducing yourself and addressing session logistics such as bathroom breaks, respectful operating practices, break times, and parking lot for questions.

Note to facilitator:

If you wish to conduct a more in-depth activation of previous experience, begin the session with a discussion around the following questions:

Are there people in this organization you get along with really well?

Are there some (no names please) that you don't get along with?

Why do you think that is?



SAY

- Have you ever wondered why some people find work with some people and more challenging to work with others?
- Let's begin by looking at some basic differences among people.

PPT

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SAY

- At the front of the room, have a poster labeled "**Fast-paced & Outspoken.**"
- The other words on this chart are "Active," "Assertive," "Dynamic," and "Bold."
- At the back of the room, there is another poster labeled "**Cautious & Reflective.**"
- The other words on this chart are "Moderate-paced," "Calm," "Methodical," and "Thoughtful."

PPT

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INSTRUCT

- 🕒 I'd like you to stand at either the front or the back of the room, based on the words you think tend to describe you best.

Give participants a minute to place themselves.

INSTRUCT

- Take a minute to notice (introduce yourself to) the people in your group.

Give participants a minute to observe their groups.

PPT

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SAY

- 🗣️ Now let's see what happens if I ask you to think about yourself in a different way.
- On this wall (*to the left when facing the front*), I have a poster labeled **"Questioning & Skeptical."**
- The other words on this chart are "Logic-focused," "Objective," "Reserved," and "Challenging."
- On this wall (*to the right when facing the front*), there is a poster labeled **"Accepting & Warm."**
- The other words on this chart are "People-focused," "Empathizing," "Responsive," and "Agreeable."

PPT

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INSTRUCT

- 🗣️ Again, go to the poster that you think best describes you.

Give participants a minute to place themselves on the poster.

INSTRUCT

- Look at the people in the group.
- Notice (introduce yourself to any who were not in your last group).

Give participants a minute to observe the groups.

INSTRUCT

Now, look around the room and take note of people who weren't part of either group you chose.

Give participants a minute to look around.

PPT

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SAY

- 🗣️ So far, you have chosen two different groups based on how you tend to see yourself.
- Now let's see what happens when you get together with people who answered both questions the same way as you did.

PPT

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INSTRUCT

- If you answered **Fast-paced & Outspoken** and **Questioning & Skeptical**, please come to this corner. *(Direct them to front-left corner.)*
- *(Wait while participants move to this group.)*
- If you answered **Fast-paced & Outspoken** and **Accepting & Warm**, please come to this corner. *(Direct them to front-right corner.)*
- *(Wait while participants move to this group.)*
- If you answered **Cautious & Reflective** and **Accepting & Warm**, please come to this corner. *(Direct them to back-right corner.)*
- *(Wait while participants move to this group.)*
- If you answered **Cautious & Reflective** and **Questioning & Skeptical**, please come to this corner. *(Direct them to back-left corner.)*
- *(Wait while participants move to this group.)*

PPT

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INSTRUCT

- Each corner has a sheet of flip-chart paper.
- In your groups, talk about why you answered the questions the way that you did, giving examples.
- Record your responses on the flip-chart paper.

Give participants 4–5 minutes of discussion.

Note to Facilitator:

If any participants think that they have chosen the wrong group after the discussion has begun, invite them to join the correct group.

INSTRUCT

- I'd like one person from each group to present to the rest of us some of the things you found out about one another.

Allow all groups to present, then have them return to their seats.

SAY

- As you can see, although you have many things in common with your small group, there are many differences represented here as well.
- Today, you'll learn how Everything DiSC® will provide you with a way to look at and better understand these similarities and differences.